A Board Exercise

Governinggood

Getting to Know One Another

Overview

This is an exercise to help non-profit board members get to know one another better. Each director should fill the form out and exchange it with another board member. In pairs or triads find a corner of the room and use each other's sheets to ask questions about each other. Tap into your curiosity. Ask followup question or two on each theme to deepen your knowledge.

The board should give the exercise at least 30 minutes in pairs (15 minutes each) or 45 minutes if done in triads.

My name _____

Questions I would like other board members to ask me.



What I would like to know about others on the board.

Some things I would I like to know about other board members?

1. 2.

Question or topic areas you might consider

- □ Your family's roots
- □ Siblings
- Places you have lived
- Importance of animal relationships
- Introversion, extroversion or another personality trait
- Hobbies or other passions outside of work
- □ Favourite foods or dishes
- □ Sport interests
- An unusual life event

This exercise is based on the post **Kindling Board Trust** published in January 2019 on the website www.governinggood.Ca